

When using a diagram, reference to its source is needed:

Korthagen, F. & Nuijten, E. (2022). *The power of reflection in teacher education and professional development: Strategies for in-depth teacher learning*. New York: Routledge.

Extended list of reflection questions

Step 4 and 5 of the previous cycle (which led to step 1 of this cycle):

- 1. What did I want to achieve?
- 2. What did I want to pay attention to?
- 3. What did I want to try?

Step 2 (looking back on the experience):

- 4. What actually happened?
 - what did I do?
 - what did I think?
 - how did I feel?
 - what did I want?
 - what did the students do, and what do I think they thought, felt, wanted?
 - how did the context influence these aspects?

Step 3 (awareness of essential aspects):

- 5. How do the answers to the previous questions relate to each other?
- 6. Is there alignment or are there discrepancies between these aspects?
- 7. What does that mean to me?
- 8. So what is the essence of the problem or the positive discovery?
- 9. Can I connect this essence with a professional framework (for example theory, competence requirements, an educational concept)?

Step 4 (creating alternative methods of action and making a choice):

- 10. What alternatives do I see? (solutions or ways to use my discovery)?
- 11. What are the pros and cons of these alternatives?
- 12. What do I intend to do next time?

Diagram 2: Twelve questions for an extended reflection